

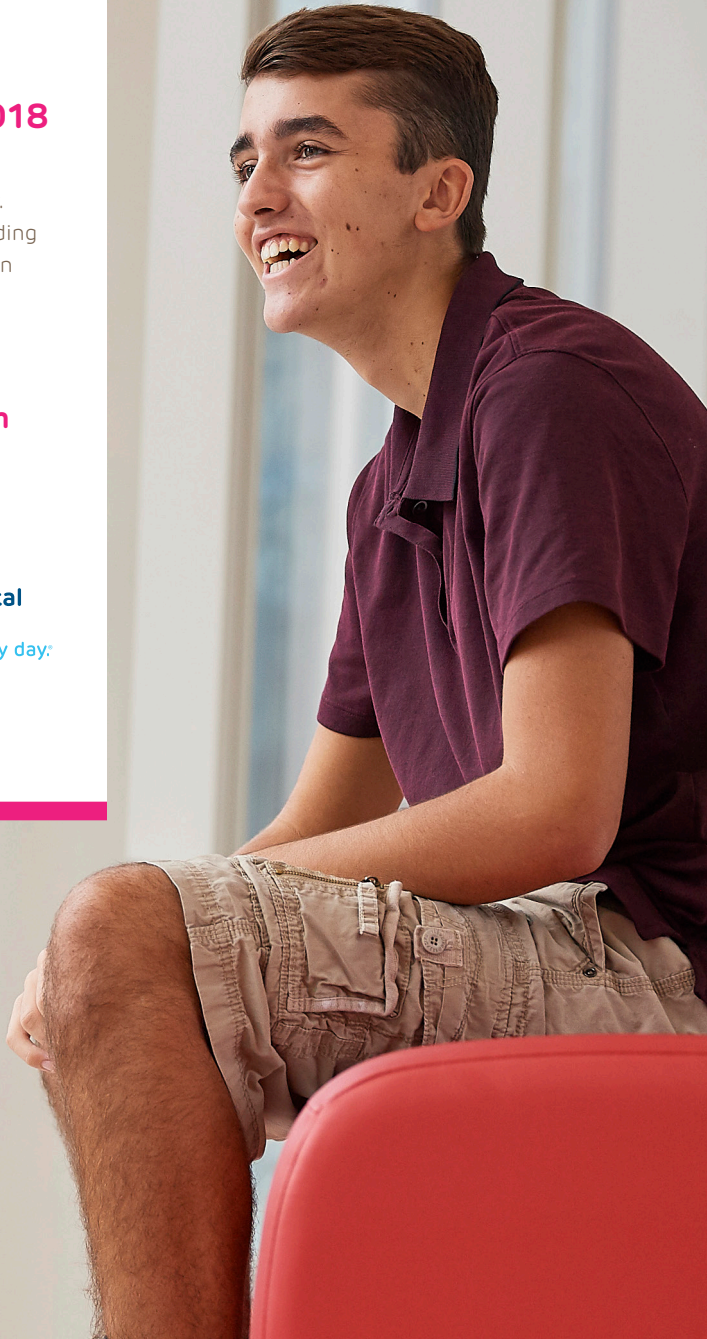
This is Adolescence: Current Issues and Problems Affecting Adolescents

Friday, Nov. 2, 2018

Ruth and Tristram Colket, Jr.
Translational Research Building
on the Raymond G. Perelman
Campus

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 **Children's Hospital
of Philadelphia**
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COURSE OVERVIEW

To broaden nurses' and other clinicians' perspectives and knowledge of adolescents, while addressing the following topics:

- Eating disorders
- Transition to adult care
- LGBTQI and gender identity
- Suicide prevention, self-harm and depression
- Additional current issues affecting adolescents

GENERAL INFORMATION

The conference will be held in the Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus at Children's Hospital of Philadelphia. The registration fee is \$175 and will include continental breakfast, breaks, lunch, parking and syllabus materials.

COURSE OBJECTIVES

- Increase nurses' and other clinicians' comfort and awareness in caring for adolescents
- Enhance interpersonal communication skills between adolescents and their nurses/clinicians
- Broaden nurses' awareness of current issues affecting adolescent health and wellness
- Provide skills for establishing nurse-patient rapport that empowers adolescents to partner in their own care

CONTINUING NURSING EDUCATION APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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ACCREDITATION STATEMENT

CHOP is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 7.0 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at reduced rates at the Sheraton Philadelphia University City, located just a few blocks from Children's Hospital of Philadelphia. The group overnight rate is \$172 single and double occupancy plus a 16.25 percent room tax. Participants are required to make their own hotel reservations by calling the hotel directly at 215-387-8000. Please mention the name of the conference when making your reservation. The special room rate will be available until Tuesday, Oct. 2, 2018. After that date, reservations will be accepted on a space and rate availability basis.

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, Oct. 26, 2018. No refunds will be issued thereafter.

SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

PROGRAM | FRIDAY, NOV. 2, 2018

- 7:30 a.m. Registration and Continental Breakfast
- 8 a.m. Welcome and Introduction
Sagine Simon, MBA, MSN, RN, CPN, NEA-BC
- 8:15 a.m. A Strength-Based Approach to Reaching Teens
Kenneth Ginsburg, MD, MEd, FAAP
- 9:15 a.m. Demystifying Transition to Adulthood: Moving from Anxiety to Action
Adam Greenberg, MSN, CRNP
- 10 a.m. Minimizing Media to Maximize Adolescent Care
Linden Spital, MSN, RN, CRNP, PMHNP-BC
- 10:30 a.m. Break
- 10:45 a.m. LGBTQIA 101: An Introduction for Nurses and Healthcare Providers
Katelyn Regan, LSW, MEd; Alexis Burns, BSN, RN, CPN
- 11:45 a.m. Sex Worker, Girlfriend or Victim? Would You Be Able to Identify a Victim of Human Trafficking?
Lisa Garber, MSN, RN, CRNP
- 12:30 p.m. Lunch
- 1:30 p.m. Creating a SAFE Environment for Suicidal Patients
Elizabeth Steinmiller, MSN, PMHCNS-BC; Danielle Henry, BSN, RN, PMH-BC
- 2 p.m. Management of Patients with Eating Disorders: A Multidisciplinary Panel
Eleni Lantzouni, MD; Leela Jackson, PsyD; Brianna Higgins, MS, RD; Brittany Waiters, MSW, LSW; Alyssa Super, MSN, RN, CPN, CPHQ
- 2:45 p.m. Break-Out Sessions
- 3:15 p.m. Break
- 3:30 p.m. Patient and Family Experience
- 4 p.m. Closing Remarks

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTORS

Alyssa Super, MSN, RN, CPN, CPHQ

Unit Safety & Quality Specialist, Adolescent Unit & Medical Behavioral Unit

Alexis Burns, BSN, RN, CPN

Clinical Nurse, Adolescent Unit

COURSE PLANNING COMMITTEE

Sabrina Brooks, BSN, RN

Clinical Nurse, Adolescent Unit

Danielle Henry, BSN, RN, PMH-BC

Clinical Nurse, Adolescent Unit

Allison Moomaw, MSN, RN

Nursing Professional Development Specialist

PSNA Planner

Sue Ogle, MSN, RN, CRNP

Director of Oncology and Medical Subspecialty Nursing

Sagine Simon, MBA, MSN, RN, CPN, NEA-BC

Nurse Manager, Adolescent Unit and Medical Behavioral Unit

Michele Smith, BSN, RN, CPN

Clinical Supervisor, Adolescent Unit

Linden Spital, MSN, RN, CRNP, PMHNP-BC

Psychiatric Nurse Practitioner, Department of Child and Adolescent Psychiatry and Behavioral Sciences

KEYNOTE SPEAKER

Kenneth Ginsburg, MD, MEd, FAAP

Attending Physician, Department of Adolescent Medicine

Professor of Pediatrics

Co-director, Center for Parent and Teen Communication

Medical Director, Covenant House

COURSE FACULTY

Lisa Garber, MSN, RN, CRNP

Pediatric Nurse Practitioner, Day Medicine

continued >

Adam Greenberg, MSN, CRNP

Certified Registered Nurse Practitioner

*Multidisciplinary Intervention Navigation Team (MINT) for Pediatric to
Adult Care Transfers*

Brianna Higgins, MS, RD

Clinical Pediatric Dietician

Leela Jackson, PsyD

*Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences
Assistant Professor of Clinical Psychology*

Eleni Lantzouni, MD

*Attending Physician, Department of Adolescent Medicine
Associate Professor of Clinical Pediatrics*

Katelyn Regan, LSW, MEd

Clinical Social Worker, Gender and Sexuality Development Clinic

Elizabeth Steinmiller, MSN, PMHCNS-BC

Clinical Nurse Specialist, Behavioral Health Services

Brittany Waiters, MSW, LSW

Social Worker

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